

# Safety Program



Please join us as we work together for your safety.



**JANE PHILLIPS  
MEDICAL CENTER**

# Jane Phillips Medical Center Safety Program

*Your healthcare team welcomes you to Jane Phillips Medical Center.*

*Jane Phillips Medical Center is committed to providing a safe environment for patients, visitors, employees, volunteers, and medical staff.*

*All members of the healthcare team are dedicated to nurturing an environment where safety for all is a priority.*

During your time here at Jane Phillips Medical Center, if you should identify any opportunity to improve safety, please notify the department manager or house supervisor:

By Dialing -0- (inside the facility) or 918/333-7200 (outside the facility)

*or*

Complete the form on the back of this pamphlet and return it to either the nursing station or mail it in an envelope to:

**Safety Officer**  
**Jane Phillips Medical Center**  
**3500 E. Frank Phillips Blvd.**  
**Bartlesville, OK 74006**

To facilitate a rapid recovery your participation in our safety program is vital.

General safety measures and fall prevention strategies are the focus of our safety program. All healthcare team members ask you to be actively involved with promoting safety during your stay with us.

## General Safety Measures

- Upon admission a member of the healthcare team will familiarize you with the nurse call systems, the bed controls, television controls, telephone, blinds, and all lights.
- Use a call light to call for assistance. Do not attempt to get out of bed or walk without assistance until your healthcare team and physician say it is safe to do so.
- Call for assistance if you are incontinent or experience an urgency to reach the restroom.
- Call for assistance if important items are not within reach.
- Keep the bedside table within reach with all personal care and necessary items.
- Report feelings of weakness, dizziness, or light-headedness to your healthcare team.
- Report immediately any spills, wet flooring or surfaces to the nurses' station.
- Keep the room clear of clutter.
- The top two side rails on the bed should remain up with the bed in the low position and the wheels locked.
- Wear non-skid footwear when out of bed.
- Use assistive devices such as walkers, canes, and wheelchairs as directed.
- Wear glasses, dentures, and hearing aids as directed.

## Fall Prevention

All patients are assessed for fall risk on admission to the hospital and during each shift.

You are considered a high fall risk if you have any of the following risk factors:

- History of fall(s)
- Problems with walking or standing



- Dizziness
- Incontinence
- Urgency to reach the restroom
- Limited vision or hearing
- Forgetfulness
- Certain medications
- Unwillingness to call for assistance

If fall risk factors are identified, other safety measures may be used:

- A bed alarm system
- Two top side rails up at all times
- Other safety measures based on your needs

For your safety use the call light as directed for the following activities:

- Getting in or out of bed, chair, wheelchair, or bedside commode
- Transferring or walking
- Reaching for an object

Please join us as we work together for your safety and rapid recovery.

## Medication Information

Medications can have side effects, which may necessitate the need to call for assistance.

### Side effects you may notice are:

- Increased frequency and urgency to urinate or to have a bowel movement
- Agitation
- Dizziness
- Unsteady Gait
- Fatigue

- Weakness
- Confusion
- Disorientation
- Forgetfulness

If you have any questions regarding your medication(s), please check with your nurse or physician.

## General Safety Tips for Home

We care about your safety after you leave Jane Phillips Medical Center.

### General Household:

#### Lighting

- Provide ample lighting in all areas.
- Reduce glare.

#### Carpets/Rugs

- Repair or replace torn carpet.
- Rugs should be tacked down and should have non-skid backs.

#### Furniture

- Arrange furnishings so pathways are not obstructed.
- Avoid cluttered hallways.

#### Heating

- Maintain at least 72 degrees during winter to prevent hypothermia. Check with your local utility companies for safety inspections.

#### Electrical

- Remove or secure electrical cords in pathways and hallways.

### Stairways:

#### Handrails

- Should be installed and anchored on both sides of stairway. Handrails should extend beyond top and bottom steps.

#### Stairs (Indoor)

- Secure carpet in place or place non-skid treads securely on all steps.

#### Stairs (Outdoor)

- Avoid painting steps.
- Secure skid proofing on each step.



### Lighting

- Have adequate lighting at both top and bottom of stairway.
- Night-lights or brightly colored adhesive tape can be secured to clearly mark steps.

### Bathroom:

#### Bathtub

- Install skid-resistant strips, rubber mat, or shower shoes.
- Or use bath seat.

#### Grab Bar

- Install portable grab bars on side of bathtub. Attach grab bars to wall.

#### Toilet Seat (Stool Riser)\*

- Elevated toilet seat.

### Kitchen:

#### Cabinets

- Keep frequently used items at an easy-to-reach level with heavy items on the lowest level.

#### Range

- Mark “On” and “Off” positions clearly on all dials including the oven.
- Keep range top and oven clear of items at all times.

### Fire Extinguisher:

- Purchase and check expiration dates two (2) times a year.

### Alarms:

- Install and change batteries two (2) times a year for: smoke detectors and carbon monoxide detectors.

*\*Available at drug stores and medical supply companies.*

## Safety Suggestions

Name \_\_\_\_\_

Address \_\_\_\_\_  
\_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_ Zip \_\_\_\_\_

Daytime Phone \_\_\_\_\_

Identified Location \_\_\_\_\_

Did you feel safe at JPMC?  Yes  No

If no, please list why not?

\_\_\_\_\_  
\_\_\_\_\_  
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Suggestions to improve safety at JPMC:

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REPORT EMERGENCIES IMMEDIATELY. DO NOT COMPLETE THIS FORM. DIAL -0- AND ASK FOR THE DEPARTMENT MANAGER OR HOUSE SUPERVISOR.

To file a grievance/complaint, call the Patient Relations Department at 918/331-1501 during normal business hours.

 **JANE PHILLIPS  
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3500 S.E. Frank Phillips Blvd. Bartlesville OK 74006 918/333-7200

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[www.jpmmc.org](http://www.jpmmc.org)