

health connection

June 2010

a publication of Jane Phillips Medical Center

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JPMC Offers Hospitalist Program



 JANE PHILLIPS
MEDICAL CENTER

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At Jane Phillips Medical Center, patients who do not have a primary care physician and who need to be admitted to the hospital are cared for very well. JPMC employs the services of hospitalists who are on duty in the medical center, around the clock, every day of the week.

What is a hospitalist?

A hospitalist is a physician who specializes in the care of hospitalized patients and whose practice is in the hospital rather than an office. Hospitalist physicians are generally board-certified in family practice or internal medicine.

There are many advantages to using hospitalists in the care of patients.

"One benefit is that hospitalists have more experience and greater expertise in caring for complicated hospitalized patients because they do so on a daily basis," said Scott Phillips, Vice President Physician Services. "They are also more available during the day to meet with family members, follow-up on tests, answer nurses' questions, and simply deal with problems that may arise. In many instances, hospitalists may see a patient several times a day to ensure care is going according to plan," he said.

Hospitalists organize the communication between different doctors caring for a patient and serve as a coordinator for the patient's care.

As necessary, the patient's hospitalist will be in touch with the primary physician throughout the hospital stay. At the time of discharge, the hospitalist will update the patient's primary physician on care received in the hospital as well as prescriptions given upon discharge, further treatment recommendations and follow-up care.

Since the hospitalists' "office" is the hospital, they are also more familiar with the hospital's policies

and procedures. Many hospitalists are involved in various hospital committees, and participate in quality improvement activities in important areas such as patient safety, effective communication between physicians and staff, and cost effective patient care.

"The community has reacted favorably to the hospitalist concept," said Phillips. "Prior to the arrival of the hospitalists, unassigned patients – those without a primary care physician – who needed to be hospitalized were cared for by members of the medical staff on a rotating call basis. Principally, these were family practice and internal medicine physicians who were already carrying a full load of patients in their own practices. Using the hospitalist physicians to care for the unassigned patients has greatly reduced the call requirements for primary care physicians in this community," said Phillips.

Some members of the medical staff choose to have hospitalists care for their patients when the patient needs to be admitted. Upon the patient's discharge, the patient returns to the care of their primary physician.

"During this process, the patient's primary physician and the hospitalist will communicate, as necessary, to ensure that the patient's needs have been completely met," said Phillips.

Phillips said other members of the medical staff will choose to admit their own patients and follow them through their hospital stay. Each physician is able to choose the option that works best for their

patients as use of the hospitalist program is completely voluntary.

Reaction from patients and their families has also been quite positive.

"Many patients have commented they appreciate having a hospitalist

physician available to care for them and family members have expressed their gratitude for the quality, compassionate care provided by these physicians," said Phillips. **JP**





Recently there have been several occasions in which the Bluestem Regional Medical Development Foundation has received numerous monetary donations from friends and families of someone special who has passed away. Making such donations in memory of a loved one is not only a wonderfully unique way to honor that person, but it is also an exceptional way to impact others.

The Bluestem Foundation raises money to support the mission of Jane Phillips Medical Center. During the last year, Foundation funds have been used for education and training related to patient safety, infection control, breast cancer, and pediatric monitoring, just to name a few.

"Making a memorial gift is a meaningful way to honor a family member or friend who has passed away," said Foundation Executive Director, Mike Wilt. "It is also a distinctive way to communicate sympathy to the family that has lost a loved one. But the gift doesn't stop there. A gift can also greatly impact

BLUESTEM MEDICAL FOUNDATION:

*Remembering Lost Loved Ones
Making an Impact on Others*

JPMC's compassionate professionals and those who come to us for care."

Gifts come in many forms including checks, stocks, and real estate.

"Many years ago, a local resident designated the Foundation in their estate. When the resident passed away, the Foundation was granted ownership of the home so that the

proceeds from its sale could benefit the hospital. We were most grateful for the kind gift. It made a big impact."

If you are interested in making a tax-deductible charitable contribution to the Bluestem Medical Foundation you should consult your trust officer, attorney, accountant, or financial advisor.

For more information, contact the Bluestem Foundation office at 918/331-1431.

In a recent advice column, the author stated that it was never too late to remember those you have loved. The Bluestem Medical Foundation is one way to do just that...and potentially impact the lives of others. **JF**

Relay For Life To Be Held Friday, June 25 At Bulldogger Stadium

Jane Phillips Medical Center and the American Cancer Society invites everyone to Relay For Life of N.O.W. (Nowata, Osage and Washington counties), on Friday, June 25 Bulldogger Stadium at Dewey High School. This celebration of life brings the community together in a unified effort to fight cancer.

Relay For Life is a fun-filled, overnight, team effort to celebrate life and raise funds for the American Cancer Society's research, advocacy, education and patient services programs.

"Relay For Life raises funds for the American Cancer Society and raises awareness about the progress we have made against the disease and our commitment to keep working until we find a cure," said Jamie Hardesty, 2010 Relay for Life Chair.

"Everyone is invited to attend the event. You do not have to stay all night. Come out for the Opening Ceremonies, the Lap of Hope, and the Luminaria Ceremony, whatever is comfortable for you."

Cancer survivors are the heart of Relay For Life and their presence is a powerful declaration that cancer can be beaten. Relay begins with a celebratory lap in which survivors walk the track as they are cheered on by family, friends, and Relay For Life participants. Caregivers are then asked to join survivors for a second lap in appreciation of the vital role they play in the fight against cancer. Survivor activities and a special reflections tent continue throughout the evening which gives the cancer patient in treatment an opportunity to share with others, and lets long-term survivors provide hope to those who are newly diagnosed.

Registration and check-in of cancer



survivors will be held from 5 p.m. to 6:30 p.m. Luminarias may also be purchased during this time. In addition, the reflection tent will open at 5 p.m. and will stay open throughout the event. It is a place where participants may spend a few moments to celebrate, remember and fight back.

Nachos and drinks will be available at the track from 4:30 p.m. until 6:45 p.m. for a donation to Relay For Life. All proceeds benefit Relay For Life and the American Cancer Society.

Opening Ceremonies begin at 7 p.m. Ronnie Trentham, Cancer Survivor, will give the keynote address at 7:45 p.m. Survivors will be introduced at the conclusion of the address and will take a victory lap shortly thereafter. Once survivors complete their lap, their caregivers and supporters will make the next lap.


A basket auction will begin at 9:30 p.m. presided over by auctioneer Pam Elvington. Everyone is invited to come and bid on baskets that have been donated by this year's Relay For Life teams. There will be 15-20 baskets available at various price levels.

A special part of Relay is the

Luminaria Ceremony, often referred to as the Ceremony of Hope. It is a time to remember those we have lost to cancer, to support those who currently have cancer, and to honor those who have fought cancer.

The ceremony takes place around 10:30 p.m., as hundreds of luminaria are placed in honor or in memory of someone who has been touched by cancer, and many are adorned with pictures and personal messages of inspiration and love. Luminarias may be purchased for \$5 each. Please call Terry Stephens at 918/534-3033 for more information or to purchase.

For more information about Relay For Life 2010, call 918/337-7701. Mail your donations to Relay For Life of Washington County, P.O. Box 1094, Bartlesville, OK 74005-1094 or bring them to the track Friday evening. In the event of bad weather, the event will be held at the YMCA.

The American Cancer Society is the nationwide, community-based, voluntary health organization dedicated to eliminating cancer as a major health problem by preventing cancer, saving lives and diminishing suffering from cancer through research, education, advocacy and service. 



Physicians Focus On The family



Family Medicine Physician, Carla D. Waller, DO, recently joined Gemini Medical Group. Her office is located at Gemini Medical Clinic, 3450 SE Frank Phillips Boulevard., Suite 400. Her office number is 918/331-2578.

Dr. Waller provides care to both adults and children of all ages. In addition she provides sports physicals, newborn care, well child checkups, home visits for special circumstances, and nursing home visits.

Furthermore, Dr. Waller cares for any of her patients who are admitted to Jane Phillips Medical Center.

She is board certified by the American Board of Family Medicine. Dr. Waller received her medical degree from University of Health Sciences—College of Osteopathic Medicine, Kansas City, MO. She completed her osteopathic rotating

internship from Oklahoma State University, Hillcrest Health Center. Dr. Waller completed her residency at the University of Oklahoma Rural Family Medicine, Ramona, OK where she served as chief resident.

She has worked as a hospitalist for Synergy Hospitalist Group at Jane Phillips Medical Center for three years and currently works as an emergency room physician and has over seven years experience in emergency medicine.

Dr. Waller serves as an assistant professor for the University of Oklahoma Rural Residency Program at Caney Valley Medical Clinic in Ramona, OK.

Dr. Waller is currently taking new patients. To schedule an appointment, please call 918/331-2578.

Saima Salim, MD, Family Medicine, also recently joined

Gemini Medical Group. Her practice is located at 3450 S.E. Frank Phillips Boulevard., Suite 300 in Bartlesville. Her office number is 918/338-3713.


Dr. Salim cares for both adults and children of all ages. In addition she provides diabetes, depression and blood pressure diagnosis and management, and smoking cessation and weight loss management. She treats acute conditions, urinary tract infections, strep throat, cold and flu. She provides well child care, sports physicals, and complete physicals for all ages. She also provides minor emergency care, lacerations, sprains and fractures, mole or wart removal and other minor office surgeries, including skin biopsies. She also provides cardiac evaluations with EKGs and stress testing.

Dr. Salim is board certified by the American Board of Family Medicine. She received her medical

degree from Dow Medical College, Karachi, Pakistan. She completed her residency at Providence Hospital in Southfield, Michigan where she served as chief resident.

Dr. Salim previously served as a full-time family medicine physician in a private medical group for over two years with active privileges at William Beaumont Hospital Troy, William Beaumont Hospital Royal Oak and Henry Ford Macomb Hospital Michigan. She also worked for an Urgent Care Center in Hamtramck, Michigan and Pediatric Care Unit at Providence Hospitals.

Dr. Salim is a member of the American Academy of Family Physicians.


Dr. Salim is accepting new patients and has same day appointments available. To schedule an appointment, please call 918/338-3713. 

JPMC Teams Raise Most Money For Heart Walk

Jane Phillips Medical Center served as a signature event sponsor and had several teams participate in the American Heart Association's Heart Walk on April 24. Marc Rafferty and Erin Claiborne, both from Jane Phillips Medical Center's Pharmacy Services, served as the Event Co-chairs and helped to raise over \$36,000 for the event.

JPMC associates, family and friends joined together to celebrate their efforts and to honor all survivors of heart disease and stroke.

Jane Phillips Medical Center received the top award for the company raising the most money with over \$11,159 raised. Jane Phillips Cardiac Rehab and Wellness Connection received the first place award for the individual team raising the most money. In addition, Doreen Patrick (ER) and Jerusha Coward (Pharmacy) placed first and second respectively as the individuals who raised the most money.

Funds raised from the Heart Walk will support heart and stroke research and education programs. 



JPMC Mammography Services Receives Accreditation

Jane Phillips Medical Center's Diagnostic Imaging Services has been awarded a three-year accreditation in mammography services as a result of a recent survey by the American College of Radiology (ACR).

The ACR awards accreditation to facilities for the achievement of high practice standards after a peer review evaluation of the practice. Evaluations are conducted by board-certified physicians and medical physicists who are experts in the field. They assess the qualifications of the personnel and the adequacy of the facility equipment.

The findings are then reported to the ACR's committee on accreditation which then provides the facility with a comprehensive report.

JPMC is committed to achieving the highest levels of excellence and professionalism for all of its diagnostic imaging programs to ensure accuracy, professionalism, and the best patient experience.

JPMC offers digital mammography at three locations: JPMC Diagnostic Imaging Department (2nd floor of the Medical Center), Medical Park Center (3400 SE Frank Phillips

Blvd.), and JP Imaging Center at 2661 SE Washington Boulevard.

"We believe that mammography remains a strong and important tool for the early detection of breast cancer and that early detection saves lives," said Joy Sandborn, JP Imaging Services Manager.

JPMC's digital mammography system provides physicians with clear and precise all-digital images rather than X-ray film images.

This powerful technology helps physicians detect and diagnose breast cancer. Mammograms are among the best early detection methods yet 13 million women 40 years of age or older have never had a mammogram, according to the National Breast Cancer Foundation, Inc.

"Providing the best diagnostic equipment possible to patients is a vital step toward good preventive health and one we take seriously," said Sandborn.



There are many advantages to a digital mammography system. The images are clear and easy to read and the technology offers a better view of the breast, especially near the skin line, chest wall and in women with diverse breast tissue types.

The digital image is ready to read within 10 seconds. Patients no longer need to wait for film development before knowing

whether the images are usable.

Digital mammograms roughly take half the time of film. And if a second opinion is needed, the image can be sent electronically to a consulting physician virtually instantaneously.

Jane Phillips Medical Center is committed to maintaining high standards for screening and early detection. **JP**

JPMC Offers Babysitting Classes

Thousands of young adults baby sit on a regular basis, but how many of them are prepared for the responsibility they accept when taking a babysitting job? Helping adolescents become better prepared for babysitting is the focus of a class offered on July 16 and August 6 from 9 a.m. to 2:30 p.m. at Jane Phillips Medical Center in the first floor classroom.

Participants will learn responsible

babysitting by studying basic child development, infant and child care, safety, how to handle emergencies, age-appropriate toys, business hints and what parents expect.

This one-day course will help adolescents be better prepared to deal with unexpected situations that might arise while babysitting.

The seminar includes instruction on minor first aid, poison prevention, disciplining a child,

child development, planning activities for each age group of children, infant care and interviewing parents to receive necessary information needed for the babysitter. In addition, accident management, safety precautions, car seats, fire and security, and recognizing emergencies and calling for help will be discussed.

"We want those participating in the class to have fun while they

are learning these valuable skills," said Cathy Roundtree, RNC, JPMC Women's Health Educator.

There is a \$25 charge for materials. Lunch is provided.

For more information or to register for this event, please call 918/331-1425. Enrollment is limited. Registration deadline is one week prior to each class. These classes fill up fast so be sure to register early. **JP**

Save The Dates

The Bluestem Regional Medical Development Foundation's annual fund-raiser, Glitz 2010, will be held on Friday, September 17 at 6:30 p.m. at Jane Phillips Medical Center. The theme this year is "Glitz Make A Deal."

The evening features both a silent and live auction and a buffet dinner. Tickets are \$100 each. A portion of each ticket is tax deductible. The deadline to RSVP is September 10. Call the Bluestem Foundation office at 918/331-1431 to make reservations or for more information. **JF**



Bluestem Foundation is also hosting its Glitz Open golf tournament fund-raiser on Thursday, September 23. The tournament will feature both morning and afternoon rounds at Adams Golf Course.

Cost is \$500 per team. The morning round starts at 8:30 a.m. and the afternoon round starts at 1:30 p.m.

To register a team, contact Mike Wilt at 918/331-1364 or by email at mwilt@jpmc.org.

Funds raised for both events benefit Jane Phillips Medical Center's continuing staff education.

The Bluestem Regional Medical Development Foundation supports the mission of Jane Phillips Medical Center.

The funds raised provide resources beyond the funding capabilities of the hospital's operating budget allowing employees to acquire additional instruction. This translates into a more knowledgeable and versatile staff which benefits both the hospital and the community. **JF**



JPMC Hosts Skill Fair for RSU Nursing Students

Jane Phillips Medical Center hosted a Skills Fair for Rogers State University Nursing Students on April 30. Many representatives from various JPMC departments presented healthcare and nursing education information to approximately 60 nursing students and their faculty. This was a community service project for JPMC and will greatly benefit these students as the senior student nursing leadership group prepares to graduate and take their NCLEX exam for nursing licensure. **JF**





Summer Safety Tips

Important Rules for a Safe Summer

More than half of all children's injuries occur between May and August. Follow these safety tips to help ensure a fun and safe summer for you and your family.

Never Leave a Child Alone in the Car

Besides the danger of abduction, the temperature in a car can skyrocket in minutes. Even if you leave the windows down, the outside temperature can turn the inside of a car into a suffocating sauna in just minutes. Children die every year from suffering heat stroke in hot cars. If you see an unattended young child in a vehicle, call 911, the police or other emergency personnel.

Never Leave a Child Alone in or Near the Pool

Children can drown in a matter of seconds. Drowning typically occurs when a child is left unattended or during a brief lapse in supervision. Remember, teaching your child how to swim does not mean your child is safe in water. Keep these safety tips in mind:

- Never rely on a personal flotation device or swimming lessons to protect a child.
- Learn CPR and keep rescue equipment, a telephone and emergency numbers poolside.
- Install four-sided isolation fencing, at least 5 feet high, and equipped with self-closing, self-latching gates.
- Fencing should completely surround swimming pools or spas and prevent direct access from a house or yard.
- Never allow children to dive in water less than 9 feet deep.

Never Leave a Child in or Near Traffic Areas

- Prohibit play in driveways, streets, parking lots and unfenced yards near streets.
- Never let your child play in or around a parked car, even in your own garage.
- Teach children to never run into the street and to walk facing traffic, as far to the left as possible, when sidewalks are not available.
- Never allow children under age 10 to cross streets alone. Always provide adult supervision.
- Always obey traffic laws and maintain proper pedestrian behavior. Cross streets at a corner, using traffic signals and crosswalks.
- Instruct children to look left, right and left again when crossing a street and to continue looking as they cross.
- Make sure children wear reflective materials and carry a flashlight in low-light situations. JP



Getting to the Heart of the Matter

If you or someone you love suffers from cardiac (heart) or vascular disease, Jane Phillips Medical Center offers professional and caring staff, board-certified physicians, state-of-the-art technology and a full range of services to help you live a longer, healthier life.

Medical Conditions Treated:

- Heart Attack (Myocardial Infarction—blockage of one or more major heart arteries)
- Coronary Artery Disease
- Peripheral Artery Disease (PAD)
- Embolism
- Prophylactic Pulmonary Embolism Prevention
- Stroke
- Pulmonary Disease Diagnosis

Procedures/Services Offered:

- Stress Testing
- Nuclear Diagnostic Lab
- Cardiac Angiography
- Angioplasty & Stent Placement
- Echocardiography
- Arrhythmia Management and Pacemaker and Defibrillator Placement
- Vascular Diagnostic Lab
- Peripheral Vascular Angiography, Angioplasty, and Stent-Placement
- Electrocardiography (EKG)
- Holter Monitoring—Event Monitors (Computerized EKG Storage Interpretation)
- Transesophageal Echocardiography (TEE)
- Graded Exercise Testing (Stress Test) With or Without Nuclear Medicine Imaging
- Pulmonary Function Testing
- Echocardiology
- Carotid Doppler
- Peripheral Atherectomy

Heart and Vascular Center
8th floor—Jane Phillips Medical Center
3500 SE Frank Phillips Blvd.
Bartlesville, OK 74006
918/331-1101
www.jpmmc.org

